

UNCHAINED MELODY

Composers: Takao & Setsuko Ito

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Record : "Unchained Melody" STAR CD 508

Rhythm : Waltz(ph III+2)

Speed : As on CD

Date : July 2009 Ver.1.0

Footwork: Opposite, directions for man (lady as noted)

Sequence: Intro - A - A - B - C - A - B - Ending



Meas

INTRO

1~ 4 Facing partner & Wall wait pickup notes Raise Arms; Twirl Vine 3; (Bfly)Chair & Hold; Rec Sd(CP/Wall);

- Facing partner and Wall no hands joined lead foot free for both wait pickup notes
- 1 (Raise Arms) Raise Arm to sd lead hand joined;
- 2 (Twirl Vine 3) Sd L lead W RF trn, XRIB of L, sd L(W fwd R twd LOD commence RF trn under lead hand, sd L cont RF trn, cont trn fc COH sd R);
- 1-- 3 (Chair & Hold) Blend Bfly ck thru R with lunge action,-,-;
- 12- 4 Rec L, sd R blend CP fc Wall,-;

Meas

PART A

1~ 8 Hover; Manuv; Pivot 3(SCP/LOD); Manuv; Spin Trn; Box Fin; 2 L Trns(Fc Wall);;

- 1 (Hover) Fwd L, sd & fwd R, rec fwd L to SCP/LOD;
- 2 (Manuv) Fwd R(W fwd L)commence RF trn, cont RF trn sd L, cl R CP/RLOD;
- 3 (Pivot 3) Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe fc LOD, fwd L (W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont RF trn, cont trn fc LOD fwd R) SCP/LOD;
- 4 (Manuv) Fwd R(W fwd L)commence RF trn, cont RF trn sd L, cl R CP/RLOD;
- 5 (Spin Trn) Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe cont RF trn fc DW, sd & bk L(W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont RF trn brush R to L, sd & fwd R);
- 6 (Box Finish) Bk R commence LF trn, cont LF trn sd L, cl R fc DC;
- 7- 8 (2 L Trns) Fwd L commence LF trn, sd R cont LF trn, cl L to R; bk R commence LF trn, sd L cont trn, cl R to L CP fc Wall;

9~16 Waltz Away; Spin Manuv; Bolero Wheel 3; W Sync Spin to OP; Cross Ck & Extend Arms; W LF Trn M Trans SCP/LOD; *Thru Fc Cl; *2nd & 3rd time Pickup Fc LOD

- 9 (Waltz Away) Fwd L twd DC(W twd DW), fwd R, cl L;
- 10 (Spin Manuv) Fwd R twd Wall, fwd L, cl R(W sd & fwd L commence LF spin, cont spin R,L) bolero bjo man fc RLOD;
- 11 (Wheel 3) Commence RF wheel fwd L(W fwd R), cont wheel fwd R,L(W fwd L,R) end fc LOD;
- 123 (12&3) 12 (W Roll Out Trans to OP) Fwd R commence RF trn lead W RF roll, cl L fc Wall, sd R (W fwd L twd RLOD, fwd R commence RF roll/cont RF roll sd L, cont RF roll sd R fc Wall) no hands joined;
- 1-- 13 (Cross Ck & Hold) XLIF of R ck, hold, extend arms to sd;
- 14 Hold,-, trail hand joined;
- 12- 15 (W LT Trn M Trans SCP) Rec R, sd L,-(W rec R commence LF trn, sd L cont LF trn, cont LF trn sd & fwdR) SCP/LOD;
- (123) 16 Thru R, sd L fc partner and Wall, cl R;
*2nd & 3rd time pickup fc LOD
(Pickup) Fwd R twd LOD lead W LF trn, sd L fc LOD, cl R(W fwd L front of man commence LF trn, cont LF trn sd R fc RLOD, cl L) CP/LOD;

Meas

PART B

1~ 8 Diamond Trn;;; (Scar/DW); Cross Hover;; Cross Hover SCP; Thru Fc Cl;

- 1- 4 (Diamond Trn) Fwd L commence LF trn, sd R cont LF trn, bk L to Bjo/RDC; Bk R cont LF trn, sd L cont LF trn, fwd R to Bjo/RDW;
 Fwd L cont LF trn, sd R cont LF trn, bk L to Bjo/DW; Bk R, sd L, cl R Scar/DW;
 5 (Cross Hover Bjo) XLIF of R commence LF trn, sd R cont LF trn, cont trn rec L Bjo/DC;
 6 (Cross Hover Scar) XRIF of L commence RF trn, sd L cont RF trn, cont trn rec R Scar/DW;
 7 (Cross Hover SCP) XLIF of R, sd R lead W RF trn, sd & fwd L SCP/LOD;
 8 Thru R, sd L fc partner, cl R CP/Wall;

9~16 Whisk; Thru Sd Bhind; Solo Roll 3; Thru SCP Chasse; Thru to Prom Sway; Chg Sway; Hover SCP; Thru Fc Cl; ;

- 9 (Whisk) Fwd L, sd R, XLIB of R SCP/LOD;
 10 Thru R, sd L, XRIB of L;
 11 (Roll 3) Sd & fwd L twd LOD commence LF trn(W RF trn), cont LF trn sd R, cont trn sd L fc partner and Wall;
 12&3 12 (Thru SCP Chasse) Thru R commence LF trn, sd & fwd L/cl R, sd & fwd L to SCP/LOD;
 12- 5 (Thru Prom Sway) Thru R, sd & fwd L stretch left sd look over joined lead hand,-;
 --- 6 (Chg Sway) Relax L knee keeping R leg extended, slight LF trn stretch L sd of body, cont sway & look W(W look L);
 -23 7 (Hover SCP) Hold, sd R straight up commence RF trn, fwd L to SCP/LOD;
 8 Thru R, sd L fc partner, cl R CP/Wall;

Meas

PART C

1~ 8 L Trning Box 1/2(Fc COH);; Twirl Vine 3; (Bfly) Chair & Hold; Sync Rev Twirl; Thru Twinkle; Thru Fc Cl; Sd Canter;

- 1- 2 (1/2 L Trning Box) Fwd L commence LF trn, sd R, cl L fc LOD; Bk R cont LF trn, sd L, cl R fc COH;
 3 (Twirl Vine 3) Sd L lead W RF trn, XRIB of L, sd L(W fwd R twd LOD commence RF trn under lead hand, sd L cont RF trn, cont trn fc COH sd R);
 1-- 4 (Chair & Hold) Blend Bfly ck thru R with lunge action,-,-;
 12&3 5 (Sync Rev Twirl) Rec L, sd R lead W LF twirl/cl L, sd R(W rec R commence LF trn, cont LF trn under lead hand sd L/cont trn sd R, cont trn sd L);
 6 (Thru Twinkle) Fwd L commence LF trn, sd R fc partner, cl L OP fc LOD;
 7 Thru R, sd L fc partner, cl R Bfly/COH;
 1-3 8 (Sd Canter) Sd L, draw R to L, cl R;

9~16 L Trning Box 1/2(Fc Wall);; Twirl Vine 3; (Bfly) Chair & Hold; Sync Rev Twirl; Thru Twinkle; Thru Fc Cl; Sd Canter;

Repeat meas 1- 8 of Part C start man fc COH end man fc Wall;;;;;;;;;;

Meas

ENDING

1~ 6 Waltz Away; W Wrap; Fwd Waltz; Pickup CP/LOD; Dip Bk; Rise & Embrace;

- 1 (Waltz Away) Fwd L twd DC(W twd DW), fwd R, cl L;
 2 (W Wrap) Fwd R twd DW, fwd L, cl R(W fwd L commence LF trn, sd R cont LF trn, cont trn small stp fwd L joined lead hand)wraPED position fc LOD;
 3 (Fwd Waltz) Fwd L, fwd R, cl L;
 4 (Pickup) Fwd R lead W LF trn commence LF trn, sd L, cl R(W fwd L front of man commence LF trn, cont LF trn sd R fc RLOD, cl L) CP/LOD;
 1-- 5 (Dip Bk) Bk L flex knee, hold,-;
 --- 6 (Rise & Embrace) Rise on L straight up, cuddle position & embrace,-;